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Next Meeting
Wednesday 3rd November 2010
Meeting 7.15 PM
Followed by Power Point to Video presented by Dennis Murray

LCG Committee 2009/10

President: Iris Meek

Vice President: Janet Headlam

Minutes Secretary: Larraine Rist

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Ass. Publicity Officer: - open -

OPEN Co-ordinator: Robert Tierney

Webmaster/Content: Tom Olsen

Auditor: Ron Baker

"VICTOR" Liason: Robert Tierney

General Committee: Mike Armes, Sue Armes, Glenn Gilpin, Harvey Tavener, Reinhard von Samorzewski,

OPEN Committee 2009/10

Chairperson OPEN: Robert Tierney. *Chair all meetings of OPEN and ensure that they run smoothly*

Vice Chairperson OPEN: June Hazzlewood. *Chair meeting when the Chairperson is unavailable.*

Secretary: Margaret Carrington *Handles all incoming and outgoing communications Responsible for the documentation and distribution of all meeting minutes*

Assistant Secretary: - open -. *Help the Secretary where necessary*

Treasurer: Dennis Murray. *Responsible for all monies and banking*

Assistant Treasurer: . *Help the Treasurer where necessary.*

Publicity Officer: Karia Wicks. *Responsible for all advertising*

OPEN Co-ordinator: Robert Tierney. *Responsible for the smooth running of Centre on a daily basis*

Membership Co-ordinator: Karia Wicks.

Keep Membership database up to date.
Beginners Project Co-ordinator: Eleanor Horder.

Tutor Co-ordinator: Robert Tierney. *Keep regular contact with Tutors to bring ideas and concerns to meetings*

Assistant Tutor Co-ordinators: Eleanor Horder and Janet Headlam.

Newsletter Editors Assistant: Dennis Murray. *Collates and produces the OPEN Newsletter for inclusion in LCG monthly 'Newstream'*

Technical Co-ordinators: Dennis Murray (PC's) and Joel Harbottle (Mac). Responsible for the maintenance and repairs to all computer equipment

Co-ordinator of "VICTOR": Robert Tieney.

Webmaster/Content: Tom Olsen. OPEN Committee: Iris Meek, Harvey Tavener, Robin Walker, Barry Symons, Laraine Rist.

OPEN NEWSLETTER – October-November 2010

Coordinators Corner

Hello everyone,

First of all I would like to take this opportunity to thank everyone who attended and helped out during senior's week. Thank you to the team of helpers, hosts and speakers that made senior's week such a success. For those that were not able to attend I will just give an overview of what happened.

On the Friday the morning session was on how to buy a computer, in the afternoon there was a information session on Picasa .

Saturday afternoon there was a forum which had speakers from School for Seniors, Linking Tasmanian Seniors and OPEN. Unfortunately due to the Grand final replay our numbers were way down to the enquiries we had received for the forum.

Saturday evening we celebrated our 9th Birthday part, everyone that attended had such a great time when it was time to close the evening no one wanted to leave.

Monday morning was an information session on Skype in the afternoon Mobile Phones.

Tuesday in the morning the Internet and You in the afternoon MAC

Wednesday Morning was Family History in the afternoon was Graphics with Paint shop pro.

Thursday morning was the Internet and you, in the afternoon was SKYPE.
If you attended senior's week we would love you to fill out a four question survey to access the survey type in your address bar in

your browser you use to access the internet.

www.surveymonkey.com/s/8JCDC9N

Christmas Lunch

The last couple of years we have had anything up to 80 people attending our Christmas break up lunch, with last year we had to turn a few people away due to maximum numbers.

So that doesn't happen this year I have booked the Sunny Hill Hotel at Ravenswood for lunch on Friday the 17th of December 2 course meal for $28.00. It will be held in their function room so we can have up to 90 people.

Bookings will be open from Friday the 4th of November to Friday the 3rd December

See Rob Tierney for more details
.Finally we would like you to also fill out our survey on how you feel OPEN has served you this year.

To access the survey in your web browser in the address bar type the following:

www.surveymonkey.com/s/6N9HFZQ

Both surveys are totally anonymous we want your honest feedback.

Till the Christmas Edition

Happy Computing

Rob

At the present time several Internet and telephone providers are offering good deals to clients who are thinking of upgrading.

Telstra Bigpond is one of these.

It may pay you to have a chat with your provider to see if they can offer a better plan. This also applies to Mobile users.

PC SUPPORT CLASSES

Are conducted at the club each Tuesday evening
7 pm—9 pm

Julie, Barry, Bruce, Laraine and helpers

For those students unable to attend
day time classes

WARNING

From one of our students.

A Trojan Horse got into his system so he tried to use his security settings to combat the problem.

A trip to a computer store for a clean-out and $200 later he took the computer home, only to find two days later the same thing occurring.

He was called by someone purporting to be from Microsoft to tell him they had detected a Trojan Horse on his computer and they could help if he followed the prompts.

He subsequently got five separate calls from someone purporting to be Microsoft saying they could help none of which were taken up.

The student ignored the call and instead called Microsoft who revealed he was the subject of a SCAM and that they NEVER phone clients for any reason.

He also had to return the computer for yet another clean-up.

Cont.

The initial sign was a Drop down window with a message for the student to click on that so they could help. The initial charge was to be $59.95. He did not want to have credit details on line fearing they could compromise his account, but. when he refused to comply they kept telephoning (using the Microsoft name) asking him to comply with the request. The other calls followed.

It was a very expensive lesson!

A warm welcome back all tutors and students form holidays, illness and family emergencies.

FAMILY HISTORY ON-LINE

October 27 - 10a m—noon
November 10—1pm—3pm
November 24—10—noon

Judy and the team will guide you through the processes used to research your ancestry.

Contact the club for more information
Classes are limited to 8 people.

GRAPHICS

Please check the registration sheets at the club to find out if there are places available.

The dates for the next classes are :

PSP Graphics Nov 10   10-noon
December 8   10—noon

LEVEL 2 & 3 GRAPHICS
With Paint Shop Pro 7 and 8

Wednesday Nov 17 — 1:00 pm to 3.00 pm

Advanced Graphics for students who have already completed Basic Graphics classes.

It involves more advanced features of the Paint Shop Pro graphics programs.

Numbers are limited to 8 people. Please check

Victor Phone No. 0408 174235

NEWSTREAM

OPEN Session Times
At Studioworks, 1 Pipeworks Rd, L'ton

Standard Sessions $5.00

Monday	10 am –12	General & Beginners
	1 pm – 3 pm	**Beginners & PC Support**
Tuesday	10 am –12	P C Support & Beginners + Mac
	1 pm – 3 pm	As above
	7 pm—9 pm	PC Support (Night Class)
Wednesday	10 am—noon	Special sessions or Meetings
	1.pm—3 pm	As for mornings (see rosters)
	3.30—5.30	P C Support
Thursday	10 am –12	General & Beginners
	1 pm – 3 pm	General & Beginners
	3.30—5.30	Absolute Beginners
Friday	10 am –12	General & Beginners
	1 pm—3 pm	Beginners

OPEN NEWSLETTER – October-November 2010

SPECIAL WEDNESDAY SESSIONS
Please register on the sheets – numbers may be limited

Date	Time	Topic	Details
October 27	10 am –noon	Family History	Use our library of resources to trace your family's origins.
	1 pm—3 pm	**PSP Graphics**	**With Judy and her team of tutors**
November 3	10 am—12 noon	Graphics Workshop	With Karia, Laraine & helpers
	1 pm— 3 pm	**OPEN MEETING**	**Hear what's coming up next month.**
November 10	10 am—12 noon	Basic Graphics	May be helpful at this time of year
	1:00—3 pm	**Family History**	**Judy, Margaret, Sandra & Iris**
November 17	10 am—noon	COLLAGES	A treat for all photographic buffs
	1 pm— 3.00	**Level 2—3 Graphics**	**Using PSP 7 and 8**
November 24	10 am –noon	Family History	Use our library of resources to trace your family's origins. F

OPEN will be closed for the Public Holiday Monday November 1.

Graphics classes continue to grow in popularity. Judy, Eleanor, Laraine, Karia and Margaret are helping more and more students who are keen to learn the latest techniques in graphics.

Margate Carrington has no trouble filling classes with Picasso students.

There are still those who prefer the camera to record the world around them, although more and more people are using the new technology being met by mobile phones.

Is it any wonder photographic printers are still in business?

We are certainly spoiled for choice!

Congratulations to Margaret for the photographs that Stallards are making into posters for her courtesy the Examiner.

Congratulations too to Janet Headlam on being featured in this months Drum newsletter.

COLLAGES
10 am—noon

Wednesday November 17

This is the class which was had to be deferred last month.

Please put names on Registration Sheet.

After several complaints to Telstra Bigpond, Microsoft , modem and computer maker plus a friendly store about the failings of a laptop...it came to light that the problem was with the CMOS battery.

Now this old chicken had no idea that computers had more than one battery until now. The "give away" was the date kept reverting to the year 2006. Has anyone else had this problem with trying to get into the internet?

If you create training materials using screenshots or videos or screenshots of web sites, then Ashampoo Snap 3 can help create better looking images.

One of the handy features of the program is that it traps the Windows Print Screen key, so when it is pressed you get immediate access to the Ashampoo tools for editing the capture.

If you are a regular user of screen captures, this could be a great addition to your Windows toolkittoolkit._
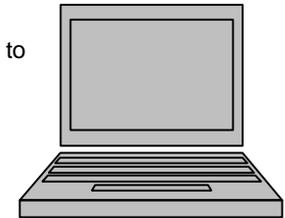
Next LCG Meeting

November 3 at 7.15

Followed by Power Points to Video

Conducted by Dennis Murray

VENUE TELEPHONE NUMBER

The club telephone is available during class hours. **6343 4928**

THE 'FORGOTTEN' KEYS

Members who have done the E-Learn and O-Learn courses in the past will probably recall the Word exercise that showed how to move quickly around a document. By pressing special keys or combinations of keys you can do things much more efficiently than by using the mouse.

Page Down and **Page Up** allow you to move through a document one screen-page at a time. Pressing the **End** key will take you to the end of a line while **Home** will take you to the beginning of a line. Hold down the **CTRL** key and **End** and you will be taken to the very end of a document while **CTRL** and **Home** will take you back to the beginning of the document.

It has been my experience over a number of years that for most people the end of their course usually signals the end of using the special keys—so much so that if I say press the Home key (for instance) many people will say "The WHAT key?"

So where are these special keys, and are they of any use other than for passing a learning assignment? On most keyboards the special keys are located between the main letter keys and the number keys on the right hand side. They could be arranged side by side or they might be in a single row.

As for being useful the answer is a most definite "YES".
Imagine you have a folder with hundreds on photos in it and you wish to scroll through it to seek a particular photo. Pressing Page Down will take you through a screen-full of photos with each press of the key—much easier than dragging the scroll bar.

And how about this for a solution to a member's problem, using a combination of special keys. The member concerned renamed a folder of photos but found that Windows in its wisdom changed the order of how the photos appeared.

But by 're-renaming' with a number at the beginning of the filename the member was able to display the photos in the order that she required. This is how it was done.

THE 'FORGOTTEN' KEYS (cont'd)

To start press the F2 function key—this is the rename key and it will 'blue-highlight' the filename. Then by pressing the Home key the cursor will move to the beginning of the file name and you can type in a number, then press Enter to confirm the name change.

For instance, if your photo was originally named 'Start of Train Trip' it would appear in your folder in alphabetical order under "S". But by adding the digits 001 to the beginning of the filename your photo, now called "001 Start of Train Trip" would be the first photo in the folder.

Compare our two-key method (that is by pressing F2 then Home) with the mouse method of right-clicking the photo, selecting the Rename option, and clicking at the beginning of the filename.

I know which method I prefer.

Dennis Murray

PSP XI Graphics November 24
1-3 pm

Advanced graphics with Judy & Margaret

Technology continues to astound us.
Was it only yesterday our students carried in a floppy disk to store their newly learned lessons on?
Now the Flash drives, USB's, Thumb drives or whatever else you name them have grown from the 256 mg memory sticks to hold huge amounts of memory and yet they get cheaper every month.

AVG Update Time Again!

As Christmas approaches, for users of the it almost always brings with it the annual major update for the free AVG anti-virus program. In the past the version numbers have followed a numerical sequence—7, 7.5, 8, 8.5 etc.

But for the coming year it will be named **AVG 2011**, and many users will be seeing the Update message appearing on their computer screens.

Like 'Topsy' AVG continues to grow and grow—the 2011 versions are **136 Megabytes for the 32-bit version**, and about **156 Megabytes for the 64-bit version**. If you are on a dial-up connection you would almost need to have a long weekend off to download the file, while for people on limited Broadband plans 136 or 156 MB could represent a sizeable chunk of your monthly allowance.

So to provide an alternative OPEN has again made the programs available on our server computer (U:drive) in the 000-Downloads folder. Check whether your computer's operating system is 32-bit or 64-bit and make sure you copy the correct version to a flash-drive or CD.

Graphics Workshops
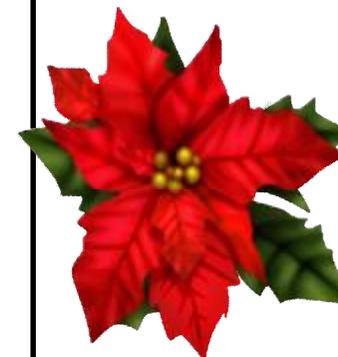
November 3
10 — noon
December 1
10 — noon

Undo a Sent message in Outlook

Two options for recalling a message sent from Outlook – one if you're quick and another if you wait.

by Office for Mere Mortals Gmail has a message recall option that lets you stop a message you've sent – Outlook has two features to do similar things with more options.

One of the Gmail 'labs' options is 'Undo Send' which gives you a few seconds to stop a message you've sent but had second thoughts.

Recently Office-Watch.com looked at some Outlook variations on the Gmail 'Priority Inbox'. This time we'll explain the two message recall options for sent messages available in Outlook.

Delay Sending

The first option is to delay sending messages. This leaves the message in the Outbox folder for a period of time where you can open or delete it before sending.

Do this with an Outlook Rule In Outlook 2002 (XP) go to Tools | Rules Wizard In Outlook 2003 and Outlook 2007 go to Tools | Rules and Alerts Outlook 2010 go to the Home tab | Rules | Manage Rules and Alerts | New Rule Outlook - rule on message I send Below the usual option for incoming messages there's a rule option for outgoing messages.
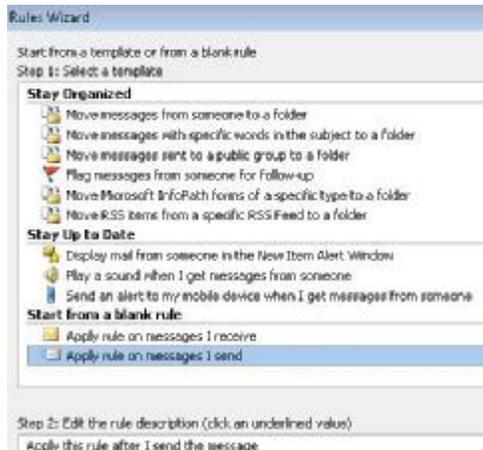
On the next screen you can select which messages will be affected by the rule. Choose NONE of the available options and click 'Next'. Outlook will warn you that the rule will apply to all messages you send – choose Yes to continue.
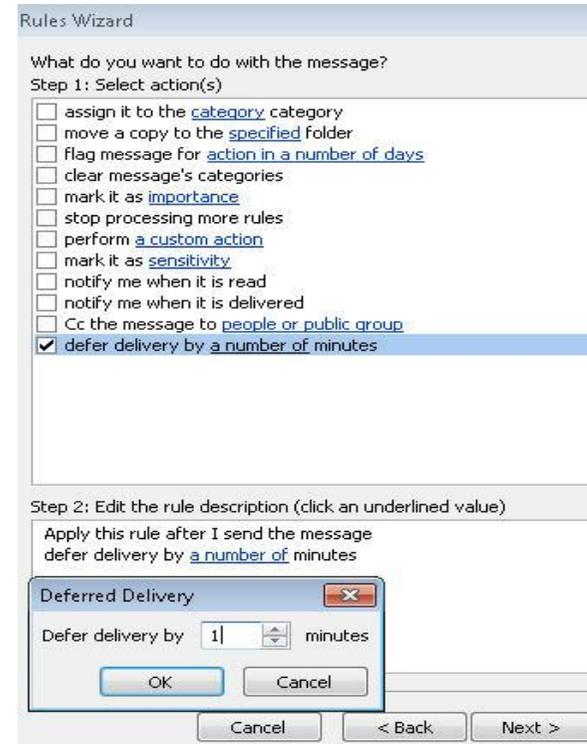
The next wizard screen shows the actions to take on outgoing messages. We're interested in the 'defer delivery' choice.

Outlook - Rule - Deferred Delivery Click on that option then the 'a number of' link in Step 2 to choose the amount of delay.

Finally there is a step to nominate exceptions. In this case there might be important or time-sensitive messages that you don't want to delay. You

could setup an exception for outgoing messages with High importance or messages to certain people.

Once the rule is running, when you click 'Send' the message will sit in the Outbox folder for the specified time. When in the Outbox you can click open the message to edit or delete it.

Message Recall Outlook also has a 'Recall Message' option for messages already sent.

Recall This Message

Some recipients may have already read this message.

Message recall can delete or replace copies of this message in recipient Inboxes, if they have not yet read this message.

Are you sure you want to:

◉ Delete unread copies of this message

◯ Delete unread copies and replace with a new message

☑ Tell me if recall succeeds or fails for each recipient

[OK] [Cancel]

This feature sends a second 'recall' request message either to delete the message or replace it. How this recall request is handled depends on the email software used by the receiver – the message might be deleted/replaced or not.

Generally speaking 'Recall Message' works better inside an organization where messages are handled via Exchange Server and most users have the same or similar versions of Outlook.

To try recalling a message, find the item in the 'Sent Items' folder, open it and find the 'Recall Message' option.

Then cross your fingers to see what happens

CLOSED? ····THE WHOLE COURSE CLOSED?

Boy, I'm rich!

Silver in the Hair Gold in the Teeth.

Stones in the Kidneys

Sugar in the Blood.

Lead in the Feet.

Iron in the Arteries.

And an inexhaustible supply of Natural Gas.

REPLACING TEXT WITH A GRAPHIC

There may be times when you have a need to replace text in your document with a graphic. For instance, you might be working on a marketing document and need to replace all instances of your company name with the company logo. This is simple enough to do in Word by following these steps:

1. Place the graphic in your document; it doesn't matter where.
2. Select the graphic.
3. Press **CTRL+X**. This removes the graphic, placing it in the Clipboard.
4. Press **CTRL+H**. This displays the Replace tab of the Find and Replace dialog box.
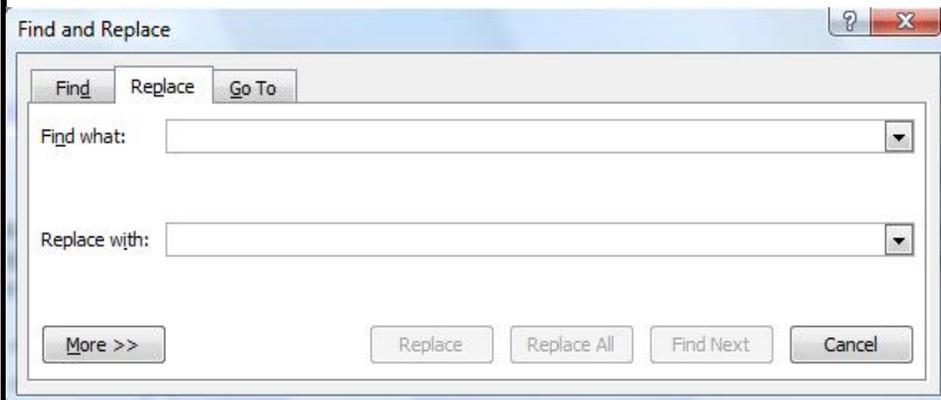
The Replace tab of the Find and Replace dialog box.

5. In the Find What field, enter the text you want replaced with the graphic.

6. In the Replace With field, enter **^c**, or click on Special and choose Clipboard Contents.
7. Set any other searching criteria, as desired.
8. Click on Find Next or Replace All, depending on how you want to make your replacements.

The Four Husbands

The local news station was interviewing an 80-year-old lady because she had just got married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation. "He's a funeral director," she answered. "Interesting," the newsman thought.

He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years.

After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her early 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now in her 80's, a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

TOTALING ACROSS WORKSHEETS

Referring to ranges of cells is one of the very basic skills necessary to effectively use Excel. As you start to create ever-more-complex formulas, you may wonder if there is a way to refer, in a range reference, to a "stack" of cells on multiple worksheets, the same as you can refer to rows or columns on the current worksheet. For instance, the following formula is a way to refer to all cells in column B:

```
=SUM(B:B)
```

Note that you don't have to provide a starting or ending row; you just have to provide the column name. You can likewise do the same thing for row references. The following refers to the range of all cells in row 3:

```
=SUM(3:3)
```

The problem with referencing all the cells in a set position across a range of worksheets is that there is no unique "collection name" to apply to cells in that position. For instance, rows have numbers and columns have letters. "Stacks" of cells across worksheets don't have a comparable name.

The only way, then, that you can refer to the same cell across a range of worksheets is the rather explicit way that Microsoft dictates. For instance, the following refers to the range at cell D5 across three sheets:

```
=SUM(Sheet1:Sheet3!D5)
```

Understanding that sheets must be named in the range, you can include an ever-expanding range by simply making sure that you only add new worksheets between the beginning and ending sheets specified in your formula.

As an example, let's assume that you have a template for an invoice, and that your workbook contains all the invoices you have created this year. Further, each invoice has a total at cell F15. If you want a summary worksheet that shows a total for all invoices, all you need to do is make sure that your first invoice is the first worksheet in your workbook, that your invoice template is the second to last, and that your summary worksheet is the last one in the workbook. In this way, your formula could be something like:

```
=SUM(Inv01001:InvTemplate!F15)
```

Whenever you need to add a new invoice, simply make sure it is added immediately before the invoice template. Your invoices remain in order, and your formula always returns the correct total.

Sweet Tea

A woman goes to the doctor, beaten black and blue.

The Doctor asks: "What happened?"

The woman says: "Doctor, I don't know what to do. Every time my husband comes home drunk he beats me to a pulp."

The Doctor says: "I have a real good cure for that. When your husband comes home drunk, just take a glass of sweet tea and start swishing it in your mouth. Just swish and swish but don't swallow until he goes to bed and is asleep."

Two weeks later the woman comes back to the doctor looking fresh and reborn

The woman says: "Doctor, that was a brilliant idea! Every time my husband came home drunk, I swished with sweet tea. I swished and swished, and he didn't touch me! How does the tea do that?"

The Doctor says: "The tea does bugger all, it's keeping your mouth shut that does the trick !"

The real portable Microsoft Office

There's a portable version of Office 2010 you can carry on a USB stick.

by Office Watch

Many people would like a portable version of Microsoft Office that you can carry on a USB memory drive and run from any computer. It is possible for some people with Office 2010 on a new computer.

Gradually new computers are rolling out with the Office 2010 Starter edition which is quite different from previous trial versions of Office put on new computers.

Office 2010 Starter has no time limit and has a small amount of advertising. However it is only limited feature versions of Word 2010 and Excel 2010. The omitted features are the more complex and advanced features; for many documents and worksheets the 'Starter' Word and Excel should be sufficient. You can open and create documents in both the new and old Office document formats.

Starter 'To Go'

The really interesting part of Office 2010 Starter is the 'To Go' or portable option.

Unlike any other version of Office, you can load Office 2010 Starter 'To Go' onto a USB memory stick and run the software on another Windows 7 or Vista computer.

The 'To Go' software doesn't install or conflict with other software so you can even run it on a computer with another version of Microsoft Office. As soon as you unplug the USB device, the 'To Go' software disappears from the computer leaving no trace behind.

Office 2010 Starter does this trick using what Microsoft calls 'Click to Run' and is really an example of software virtualization. Virtualization means the software runs in a 'sandbox' or protected space that doesn't conflict with other parts of the computer.

Making Starter 'To Go'

If you have Office 2010 Starter (it is only available on some new computers)

go to Programs | Microsoft Office | Office To Go Device Manager. A wizard will take you through the process. You'll need an Internet connection during the setup wizard and, of course, a USB memory stick with at least 400MB of free space.

Even if you don't want the Office 2010 Starter software on a new computer, it is worth getting a copy of the 'To Go' version. A portable Office can be a handy spare.

For more information on Office 2010 Starter edition and the 'To Go' option – Office 2010: the real startup guide has comprehensive details on both including details on what's happening 'under the hood' and how to make a backup of the 'To Go' software. It starts on page 72 of Office 2010: the real startup guide 2nd edition .

Alternatives

Office Web Applications are the free, online, browser based, versions of Word, Excel, PowerPoint and OneNote. They are mostly portable however an Internet connection is necessary.

For advanced users another option is the 'ACE' feature in VMware Workstation. This creates a stand-alone virtual machine with the necessary virtualization software included. You can save an 'ACE' virtual machine to a USB memory stick and run it from another computer.

There are various 'portable' Office offerings on pirate and illegal software sites but we can't recommend them. For starters they are in breach of Microsoft's software license. We've tried a few and they either:

Don't work at all

Aren't really portable (ie they install onto the computer either in full or part).

Have viruses/worms or other nasties included.

Paraprosdokian sentences. Some new, some old...

A paraprosdokian sentence is a figure of speech in which the latter part of a sentence or phrase is surprising or unexpected in a way that causes the reader or listener to reframe or reinterpret the first part. It is frequently used for humorous or dramatic effect, sometimes producing an anticlimax. Some paraprosdokians not only change the meaning of an early phrase, but also play on the double meaning, creating a syllepsis .

- I asked God for a bike, but I learned God doesn't work that way. So I stole a bike and asked for forgiveness.
- Do not argue with an idiot. He will drag you down to his level and beat you with experience.
- I want to die peacefully in my sleep, like my grandfather. Not screaming and yelling like the passengers in his car.
- Going to church doesn't make you a Christian any more than standing in a garage makes you a car.
- The last thing I want to do is hurt you. But it's still high on the list.
- Light travels faster than sound. This is why some people appear bright until you hear them speak.
- If I agreed with you we'd both be wrong.
- We never really grow up, we only learn how to act in public.
- War does not determine who is right - only who is left.
- Knowledge is knowing a tomato is a fruit; Wisdom is not putting it in a fruit salad.
- The early bird might get the worm, but the second mouse gets the cheese.
- Evening news is where they begin with 'Good evening', and then proceed to tell you why it isn't.
- To steal ideas from one person is plagiarism. To steal them from many is research.
- A bus station is where a bus stops. A train station is where a train stops. On my desk, I have a work station.

- How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?
- Some people are like Slinkies ... not really good for anything, but you can't help smiling when you see one tumble down the stairs.
- Dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish.
- I thought I wanted a career, turns out I just wanted paychecks.
- A bank is a place that will lend you money, if you can prove that you already have plenty.
- Whenever I fill out an application, in the part that says "If an emergency, notify:" I put "DOCTOR".
- I didn't say it was your fault, I only said I was blaming you.
- I saw a woman wearing a sweat-shirt with "Guess" on it...so I said "Implants?"
- Why does someone believe you when you say there are four billion stars, but check when you say the paint is still wet?
- Women will never be equal to men until they can walk down the street with a bald head and a beer gut, and still think they are sexy.
- Why do Americans choose from only two people to run for president and from 50 for Miss America?
- Behind every successful man is his woman. Behind the fall of a successful golf player are several other woman.
- A clear conscience is usually the sign of a bad memory.
- You do not need a parachute to skydive. You only need a parachute to skydive twice.
- The voices in my head may not be real, but they have some good ideas!
- Always borrow money from a pessimist. He won't expect it back.
- A diplomat is someone who can tell you to go to hell in such a way

that you will look forward to the trip.

- Hospitality: making your guests feel like they're at home, even if you wish they were.
- Money can't buy happiness, but it sure makes misery easier to live with.
- I discovered I scream the same way whether I'm about to be devoured by a great white shark or if a piece of seaweed touches my foot.
- Some cause happiness wherever they go. Others whenever they go.
- There's a fine line between cuddling and holding someone down so they can't get away.
- I used to be indecisive. Now I'm not sure.
- I always take life with a grain of salt, plus a slice of lemon, and a shot of tequila.
- When tempted to fight fire with fire, remember that the Fire Department usually uses water.
- You're never too old to learn something stupid.
- To be sure of hitting the target, shoot first and call whatever you hit the target.
- Nostalgia isn't what it used to be.
- Some people hear voices. Some see invisible people. Others have no imagination whatsoever.
- A bus is a vehicle that runs twice as fast when you are after it as when you are in it.
- If you are supposed to learn from your mistakes, why do some people have more than one child?
- Change is inevitable, except from a vending machine.
- Time flies like an arrow; fruit flies like a banana.

Don't be a Spock – Adjust your monitor height
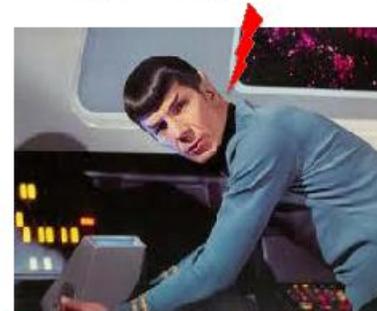
Spock's monitor location may lead to discomfort

Uhura's monitor is positioned much better

Position the top of your monitor at or slightly below seated eye height

Favor a slightly lower monitor height if you:

1. Work with hardcopy
2. View through bifocals or progressive lenses or
3. Look at the keyboard when typing.